

## Hours of Operation

Monday: 9am-7pm

Tuesdays: 9am-7pm

Wednesday: 9am-7pm

Thursday: 9am-7pm

Friday: 9am-7pm

Sat/Sun: CLOSED

## Contact Us

12531 28th Avenue NE  
Seattle, WA 98125

206-218-5298

<http://www.seattle.gov/parks>



facebook.com/Lake-City-Community-  
Center-1653180741371474/



## Lake City Young Leaders

Tuesday & Thursday 4-7pm

Ages 13-17

Young Leaders is a community based activism group for teens. Youth participate in clean up projects, help at the local food bank, and participate in committee meeting to plan the future of their neighborhood.

Instructor; Mark Mendez

Call for more information 206-218-5298



# Lake City Community Center



**Seattle**  
Parks & Recreation



## Drop– In Programs

### Tot Gym

Tuesdays and Thursdays 9:30-12:30

Ages: Walkers—5 years

Starting 1/30!

Children play, learn, and develop both motor and social skills in this highly interactive play time. Toddlers will meet new friends, play on bouncy toys, ride scooters and tricycles, play with bouncy balls, and much more. Adults must accompany their child at all times.

### Round Dance—Thursdays 1:30-3:30

Choreographed and called ballroom dancing that travels around the room in a circular pattern. Join us for this free drop-in to make social connections and keep yourself active! All skill levels welcome, no dance experience necessary!

### Futsal—Wednesdays 6:30-8:30

Starting 2/7!

Indoor soccer with a twist! This game is played on a hard court with a heavier ball, typically with 5 on a side. This game creates an emphasis on improvisation, creativity, and technique.

## Drop In Programs continued

### Ping Pong—Fridays 5-7pm

The Lake City CC has 2 full size ping pong tables available for public use on Fridays.

### Gamers - 1st and 3rd Wednesdays 6-8:30pm

Gather with friends to enjoy your favorite board games, table top minutes, battle recreations, and strategy games. Bring your own games or share with the group. This drop in is open to everyone 12+ or under 12 with an adult.

## Classes

### Hapkido

Tiger Classes—Ages 3-5: Mon, Wed 4:30-5pm

Kid Classes—Ages 6-14: Mon, Wed 5-6pm

Tues, Thurs 4-5pm

Adult Classes—Ages 14+: Mon, Wed 7-9pm

Thurs 6-7pm

Family Together Class: Saturday 9-10am

Hapkido is a Korean martial art that teaches practical self-defense, strength & balance, and personal growth.

*Call Insight Martial Arts to register: 206-960-9117.*

### Enhanced Fitness

Monday, Wednesday, and Friday 9-10am

Improve your endurance, strength, balance, posture, and flexibility through adaptable exercise movements. Standards for measurement will document your progress. Classes are ongoing. *Free to Kaiser Permanente members with Part B Medicare coverage, and those who have the "Silver and Fit" coverage. Please register before attending.*

*Call Meadowbrook Community Center for registration: 206-684-7522.*

## Upcoming Special Events

Spring Egg Hunt and Open House

Saturday March 31—10am

Hop on over for family fun spring tradition in the Lake City neighborhood! Be sure to bring your basket for eggs and special prizes. The hunt starts at 10am so arrive no later than 9:45! Join us afterwards for refreshments and to see our programs, activities, and facility!



We are still getting settled in our space, so if you are trying to book a rental or register for city programs, please call our partner site, Meadowbrook Community Center at **206-684-7522**.